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A HEALTHY LIFE

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BEAUTY

EVERYWHERE EDITION

BEAUTY



Votre Vu's Almond Hand and Lip Balm

Best Lotion:
Votre Vu's Almond Hand and Lip Balm

This multitasking hand and lip balm from Votre Vu contains an intoxicating mix of almond and coconut oil. Slather on the ultra-rich hand cream and then flip the lid to reveal a compartment with coconut lip balm and a mirror.

Votrevu.com

Best Anti-Cellulite Treatment:
Velashape

The Kardashian sisters and other LA celebs swear by Velashape, the only FDA-cleared device to reduce cellulite and firm problem areas. The gizmo applies suction and heat to skin, which breaks down fat cells. It also helps with stretch marks. Expect results in as few as four treatments.

Velashape.com

Best Beauty Resource:
mySkin.com

On a skin cream or cleanser that doesn't work. MySkin's online beauty database gathers product reviews from folks with similar skin concerns.

Translation? You zero in on products that are perfect for your skin type. You can exclude those with ingredients you don't want (parabens) or sort by characteristics that make you melt (eco-friendly packaging, for example). Ask skincare pros all your embarrassing questions in a friendly online forum, too.

Myskin.com

Best Trend:
Fridge-to-Face at-home treatments

For truly natural beauty products look no farther than your fridge and pantry. This past year, easy recipes for homemade cleansers, toners, and treatments that are just as effective as pricey (and chemical-laden) potions have hit the Internet, books and magazines. On the menu? Yummy skin, naturally. Test drive VJ-approved recipes [here](#).

Best New Makeup Line:
W3LL PEOPLE

Launched in January 2010, W3LL PEOPLE is a line of eco-friendly, organic cosmetics created by a dermatologist, makeup guru and treehugger. It's packed with medical-grade ingredients that work—sans scary toxins. We're fans of the multi-use color stick, which can be used on lips and cheeks.

W3llpeople.com



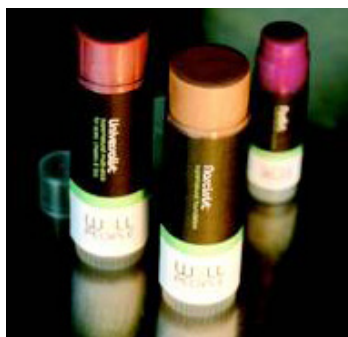
Velashape



mySkin.com



Fridge-to-Face at-home treatments



W3LL PEOPLE